

All metric outdoor rounds are measured in metres and use 122cm and 80cm faces. The following table lists all the recognised metric outdoor rounds. It shows the number of dozen at each distance and face size. The Gents and Ladies columns shows the age at which the round is usually shot.

Dozen at each distance	122cm Face							80cm Face						Total	Gents	Ladies	
	90 m	70 m	60 m	50 m	40 m	30 m	20 m	50 m	40 m	30 m	20 m	15 m	10 m				
FITA (Gents)	3	3						3		3					12	Adult	Adult
FITA (ladies) / METRIC I		3	3					3		3					12	U18	Adult
ITA (Cadet Ladies) / METRIC II			3	3					3	3					12	U16	U18
METRIC III				3	3					3	3				12	U14	U16
METRIC IV					3	3					3		3		12	U12	U14
METRIC V						3	3					3	3		12	-	U12
LONG METRIC (Gents)	3	3													6	Adult	Adult
LONG METRIC (Ladies) / LONG METRIC I		3	3												6	U18	Adult
LONG METRIC II			3	3											6	U16	U18
LONG METRIC III				3	3										6	U14	U16
LONG METRIC IV					3	3									6	U12	U14
LONG METRIC V						3	3								6	-	U12
SHORT METRIC								3		3					6	Adult	Adult
SHORT METRIC I								3		3					6	U18	-
SHORT METRIC II									3	3					6	U16	U18
SHORT METRIC III										3	3				6	U14	U16
SHORT METRIC IV											3		3		6	U12	U14
SHORT METRIC V												3	3		6	-	U12
Half FITA (Gents)	1.5	1.5						1.5		1.5					6	Adult	Adult
Half FITA (Ladies) / HALF METRIC I		1.5	1.5					1.5		1.5					6	U18	Adult
Half FITA (Cadet Ladies) / HALF METRIC II			1.5	1.5					1.5	1.5					6	U16	U18
HALF METRIC III				1.5	1.5					1.5	1.5				6	U14	U16
HALF METRIC IV					1.5	1.5					1.5		1.5		6	U12	U14
HALF METRIC V						1.5	1.5					1.5	1.5		6	-	U12
FITA. Standard Bow Olympic Round		1		3		3									6	Adult	Adult
FITA. 900			2.5	2.5	2.5										7.5	Adult	Adult
FITA 70m (FITA 720)	6														6	Adult	Adult